

Teen Recovery Center North Central



A recovery program designed for the special needs of adolescents and their families.

**4660 Viewridge Ave, Suite 100A
San Diego, CA 92123
Phone (760) 227-1354**

Are alcohol and drugs creating problems for you or someone you know? Call us! We're here for you and your family.



We offer the following services for teens, families and the community:

- Comprehensive Assessments
- Individual and Group Counseling
- Family Education
- Coordination of Services to Schools, Health Care Providers and the Judicial System

The Teen Recovery Center (TRC) provides education and support to teens and families of teens who are struggling with substance abuse, addiction and co-occurring issues.

Teen Recovery Center—North Central is a program funded by San Diego County Alcohol and Drug Services. As such, no one will be denied services for lack of funding

Mental Health Systems is a non-profit agency founded in 1978 to improve the lives of individuals, families and communities facing substance abuse and behavioral health challenges.



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